



CONVENTIONAL MEMBERSHIP APPLICATION FORM

THIS APPLICATION WILL NOT BE PROCESSED IF IT IS NOT COMPLETED IN FULL
IF SUBSCRIPTIONS ARE NOT PAID IN ADVANCE BY THE 1st OF EVERY MONTH, BENEFITS WILL BE SUSPENDED

How did you get to know about us?

Print Adverts
 Referral
 Word of Mouth
 Exhibition
 Radio
 Facebook
 Other? Specify

SECTION I: EMPLOYER/INDIVIDUAL ACCOUNT HOLDER'S DETAILS

Employer's name:

Subsidiary/Division's name:

Cover Commencement Date: Authorised Signatory:

SECTION II: MEMBER DETAILS *(This application will not be processed if not completed in full)*

Title: Mr Mrs Ms Prof Dr Eng Rev Past

Surname: First Name(s):

ID Number: Date of Birth: EC Number:

Source of funds:

Residential address:

Business Tel: Home Tel:

Mobile: Email address:

Next of Kin Full Name:

Next of Kin Email address: Next of Kin Mobile:

SECTION III: PLEASE TICK WHICH PLAN YOU WISH TO BE REGISTERED

Essential
 Vital
 Prime
 Superior
 Supreme
 Universal

SECTION IV: DETAILS OF YOUR GENERAL PRACTITIONER

Name of General Practitioner:

Address: Contact Number:

SECTION V: DEPENDANTS' INFORMATION *(Attach copies of ID, Valid Passport or Birth Certificate for all members on this form)*

| Surname | First Name(s) | Date of Birth | Gender | Relationship | ID Number | Mobile Number |
|---------|---------------|---------------|--------|--------------|-----------|---------------|
| | | dd/mm/yyyy | | | | |
| | | dd/mm/yyyy | | | | |
| | | dd/mm/yyyy | | | | |
| | | dd/mm/yyyy | | | | |
| | | dd/mm/yyyy | | | | |
| | | dd/mm/yyyy | | | | |
| | | dd/mm/yyyy | | | | |

SECTION VI: BANKING DETAILS

Account Name: Name of Bank:

Account Number: Branch: Branch Code:



SECTION VII: ANY OTHER INFORMATION

Details:

SECTION VIII: DETAILS OF PREVIOUS MEDICAL FUNDER (Attach certificate of membership)

| Medical Funder | Membership Number | Date of Joining | Date of Termination |
|----------------|-------------------|-----------------|---------------------|
| | | dd/mm/yyyy | dd/mm/yyyy |

SECTION IX: CHRONIC DISEASE CONDITION

| Full Name | Condition | Treatment Administered | Name of Doctor | Doctor's Telephone |
|-----------|-----------|------------------------|----------------|--------------------|
| | | | | |
| | | | | |
| | | | | |
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| | | | | |
| | | | | |

MEDICAL HISTORY

It is most important that the following questions be answered as thoroughly as possible, by encircling the specific condition. The answers to these questions will be treated as confidential. It is important to note that any medical condition, of which you are aware, not disclosed in this application, can be excluded from benefit.

| Organ(s) / Condition | Examples of Conditions |
|--|---|
| Heart & Vascular System | <input type="checkbox"/> High blood pressure <input type="checkbox"/> High cholesterol <input type="checkbox"/> Angina <input type="checkbox"/> Heart attack / failure |
| Lungs | <input type="checkbox"/> Asthma <input type="checkbox"/> Emphysema <input type="checkbox"/> Chronic bronchitis <input type="checkbox"/> TB <input type="checkbox"/> Pneumonia |
| Digestive System, Gall Bladder & Liver | <input type="checkbox"/> Peptic Ulcers <input type="checkbox"/> Reflux <input type="checkbox"/> Constipation <input type="checkbox"/> Gallstones <input type="checkbox"/> Jaundice <input type="checkbox"/> Hepatitis |
| Nervous System | <input type="checkbox"/> Epilepsy <input type="checkbox"/> Degenerative Diseases - Alzheimer's, Parkinson's <input type="checkbox"/> Stroke |
| Bone, Muscle & Joints | <input type="checkbox"/> Arthritis <input type="checkbox"/> Rheumatism <input type="checkbox"/> Gout <input type="checkbox"/> Osteoporosis <input type="checkbox"/> Knee or neck problems |
| Urinary Tract | <input type="checkbox"/> Dialysis <input type="checkbox"/> Kidney transplant <input type="checkbox"/> Kidney stones <input type="checkbox"/> Chronic incontinence |
| Gynaecological System | <input type="checkbox"/> Menopause <input type="checkbox"/> Female hormone replacement <input type="checkbox"/> Breast/ovarian tumours |
| Male Genital System | <input type="checkbox"/> Prostate problems (Hypertrophy / Cancer or infections) <input type="checkbox"/> Hernias-groin |
| Gland / Hormonal | <input type="checkbox"/> Over / Under active thyroid <input type="checkbox"/> Diabetes mellitus <input type="checkbox"/> Addison disease |
| Blood | <input type="checkbox"/> Anaemia <input type="checkbox"/> Bleeding disorders <input type="checkbox"/> Leukaemia <input type="checkbox"/> Hodgkin's disease |
| Ear, Nose & Throat | <input type="checkbox"/> Allergies (Rhinitis, Sinusitis) <input type="checkbox"/> Deafness hearing aids <input type="checkbox"/> Otitis-tonsillitis |
| Eyes | <input type="checkbox"/> De-generative disease (Glaucoma, Cataracts) Poor vision <input type="checkbox"/> Artificial eyes |
| Emotional / Psychological Problems | <input type="checkbox"/> Depression <input type="checkbox"/> Bipolar disorder <input type="checkbox"/> Alcoholism <input type="checkbox"/> Drug abuse |
| Infectious / Tropical Diseases | <input type="checkbox"/> Sexually Transmitted Diseases <input type="checkbox"/> Genital warts <input type="checkbox"/> HIV / AIDS <input type="checkbox"/> Hepatitis |
| Skin Disorders | <input type="checkbox"/> Acne <input type="checkbox"/> Eczema <input type="checkbox"/> Psoriasis <input type="checkbox"/> Shingles <input type="checkbox"/> Kaposi sarcoma tumours |
| Teeth & Gums | <input type="checkbox"/> Impacted teeth <input type="checkbox"/> Previous / Current orthodontic treatment <input type="checkbox"/> Braces |
| Cancer | <input type="checkbox"/> Cysts <input type="checkbox"/> Growths <input type="checkbox"/> Tumours of any kind of any organ |
| Pregnancy | Are you or any of your dependants pregnant? <input type="radio"/> Yes <input type="radio"/> No If yes - how many weeks? <input style="width: 50px;" type="text"/> |
| Any Other (Specify) | |

PAST SURGICAL HISTORY (Give details of any surgery done in the past 5 years)

OBSTETRIC HISTORY - FEMALES (Give details of any surgery done in the past 5 years, e.g. Caesarian birth, miscarriage)



FAMILY HISTORY

Give details of family members both maternal and paternal with chronic illness e.g. Diabetes Mellitus, High Blood Pressure and Cancer.

SECTION X: LIFESTYLE HISTORY

A: Pastimes, Hobbies, Activities and Pursuits

Please detail in the space below any activities that you, or any individuals listed in this application participate in on a regular basis (or more than three times in 12 months) which may be considered to be hazardous, dangerous or place you at greater risk of injury in comparison to the activities of your everyday life.

B: Body Mass Index

Please furnish us with the following details for all applicants: Height (cm) Weight (kg)

| | Height (cm) | Weight (kg) | (This column is for office use only) |
|----------------------------|-------------|-------------|--------------------------------------|
| Principal: | | | |
| Dependant full name: | | | |
| Dependant full name: | | | |
| Dependant full name: | | | |
| Dependant full name: | | | |
| Dependant full name: | | | |

C: Lifestyle Questionnaire on adults

| Name | Body Size | | | Waist Size | (This column is for office use only) |
|------------------|-----------------------|-----------------------|-----------------------|------------|--------------------------------------|
| | Large | Medium | Small | | |
| Full name: | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | |
| Full name: | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | |
| Full name: | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | |
| Full name: | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | |

D: Physical Activity

In the last 12 months, how frequently have you participated in some kind of physical exercise.

| Name | Frequency | | | | (This column is for office use only) |
|------------------|-----------------------|-----------------------|-----------------------|-----------------------|--------------------------------------|
| | 3 to 4 times a week | 1 to 2 times a week | 1 to 2 times a month | Not at all | |
| Full name: | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |
| Full name: | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |
| Full name: | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |
| Full name: | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | |

E: Stress

(i) Please rate your stress level on a scale of 1 to 10, with 1 being very low stress and 10 being very high stress.

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Full name: | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Full name: | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |



(ii) Do you take any medication for anxiety and/or depression?

| | | |
|------------------|---------------------------|--------------------------|
| Full name: | <input type="radio"/> Yes | <input type="radio"/> No |
| Full name: | <input type="radio"/> Yes | <input type="radio"/> No |

(iii) How frequently do you use medication to calm your nerves, or to help you to sleep? (Tick the appropriate box)

Never
 Rarely
 Sometimes (Monthly)
 Weekly basis
 Daily basis

F: Fitness (Please rate your current level of fitness on a scale of 1 to 10, with 1 being least fit and 10 most fit)

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Full name: | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Full name: | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

G: Use Of Alcohol:

(i) What is your average consumption of alcohol on a weekly basis? (drinks/number of units)

| | Non-Drinker | 1-4 | 5-8 | 9-12 | More than 12 |
|------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Full name: | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Full name: | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

(ii) How many days did you drink alcohol on a weekly basis (average over the last 3 months)

| | Non-Drinker | 1-4 | 5-8 | 9-12 | More than 12 |
|------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Full name: | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Full name: | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

H: Use of Cigarettes (Tick the appropriate box)

| I have never smoked | I quit smoking less than 10 years ago | I smoke 5 to 10 cigarettes a day | I smoke 11 to 20 cigarettes a day | I smoke more than 20 a day |
|-----------------------|---------------------------------------|----------------------------------|-----------------------------------|----------------------------|
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

I: Wellness Tests: How often do you undergo a thorough physical medical examination? (Tick the appropriate box)

| Almost never | Every few years | Every 2 years | Every year | On a daily basis |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

J: Women/ Men: How often do you have a PAP smear? How often do you undergo a prostate test/examination? (Tick the appropriate box)

| | | | |
|----------------------------|------------------------------------|-------------------------------------|----------------------------------|
| Women PAP smear/Mammogram | <input type="radio"/> Almost never | <input type="radio"/> Every 2 years | <input type="radio"/> Every year |
| Men - Prostate examination | <input type="radio"/> Almost never | <input type="radio"/> Every 2 years | <input type="radio"/> Every year |

DECLARATION

I certify that the information given above was submitted wilfully and is correct. I agree that should my application be accepted, I will abide by the rules, benefits and regulations set by CellMed Health Medical Fund (CellMed); details of which is available on request. Signing of this contract signifies the basis of contract between CellMed and myself.

Member Signature:

SIGN HERE

Date:

dd/mm/yyyy



FOR OFFICIAL USE ONLY

APPLICATION RECEIVED:

Date:

Reviewed by:

Signature

APPROVAL

Outcome of Application: Approved Rejected Requested more Information

Additional comments:

